Volume 23 Issue 4

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www.bristolsrctr.com Find us on Facebook

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Donna Wilson Assistant Director dwilsonbcsc@gmail.com

> **Office Hours:** Monday-Friday 8:30 am-3:30 pm

Board of Directors:

Maria Doherty President

Elizabeth Harvey Vice President

Olivia Germano *Treasurer*

Transportation Schedule:

Monday, Wednesday, Friday: Medical appointments

Tuesday: Community Grocery Shopping

Thursday: Bristol Housing Authority Grocery Shopping

Pick up time starts at 8:30 am.



April 2020

You may be isolated for a while but not forgotten.



Love You! 253-8458



#Seni

COME, LEARN AND GROW.



ANNOUNCEMENT

This was posted on March 23, 2020

On March 9, Governor Gina M. Raimondo declared a State of Emergency in Rhode Island. A series of preparedness and response measures have been announced. In addition, given the higher risk of severe COVID-19 illness among older individuals, specific guidance has been issued for this population.

The Governor reinforced the importance of following CDC guidance, including the recommendation that older adult's practice social distancing (of 6 feet or more) and avoid gatherings of more than 10 individuals.

Yesterday (March 19), we met with Director of the Office of Healthy of Aging and Dr. MacDonald from the RI Department of Health for more specific guidance. The following reflects our plan moving forward for the immediate future based on this conversation and their recommendations:

Beginning today (March 13, 2020) Benjamin Church Senior Center will be closed. Our staff, however, will be manning our phone lines for questions, concerns and a resource for public information. In addition, our staff will be making wellness phone calls to our membership and seniors in the community throughout the duration. **Please do not come to the Center**. We are taking this time to man our phones and to conduct a deep, deep clean of the entire building.

Again, all enrichment programs, groups and events have been temporarily suspended. We will provide you with an updated calendar as we progress through this time period. We realize that many people are concerned and that there is a great deal of misinformation circulating and we would like to stress the importance of utilizing legitimate resources to make informed decisions.

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If you plan on buying anything online-please help support our mission by doing it on Amazon Smile. Simply login at www.smile.amazon.com and choose the Benjamin Church Senior Center as your non-profit organization to support. We will receive .5%. Thank you for your support.

amazonsn

ANNOUNCEMENT

So why are we doing this, it is not because there is reason for panic. We are engaging in this closure in an effort to delay the possible spread of this contagion by keeping people away from each other, We have a chance to help more people effectively and not overwhelm hospitals and infrastructure. We all have a role to play in keeping each other safe and healthy. This is our response toward that end.

We promise to keep in touch along the way to keep you informed. You can expect phone calls from our staff, up to date information on our website and social media as well as eblasts on a regular basis. Please be sure to pay attention to all of them. For you own personal safety, we ask you to do the following:

- 1. Stay home
- 2. Wash your hands, wash your hands, wash your hands
- 3. Be sure to have on hand enough necessary medications
- 4. Stay connected to family, friends and community resources (including your health provider) by phone
- 5. Make a plan to ensure that you have the items necessary to support you in the event you should get sick -

Be sure to have our phone number next to or in your phone. We will be manning our phones Monday through Friday.

Our voicemail will also be engaged in the event you need to leave a message. In the event of an emergency, please dial 911

Nutrition Lunch Program

We had to cancel lunch on Friday, March 20, 2020 in order to comply with state leadership. During the week on March 16, 2020 we had Kelly Botelho-Caton from the *Admiral Pub* in Warren reach out and donated 50 meals of corn beef and cabbage to the individuals whom were on the nutrition program. *Destiny's Hometoun Diner* from Bristol donated 75 soup, salad and sandwiches.



The nutrition program did have anything in place until Monday, March 23, 2020. With the maximum of 50 meals each day Monday-Friday. With a good portion of our members that use our transportation service and the STAY at HOME to keep **you** safe Benjamin Church Senior Center decided to deliver to all of the individuals and keep them HOME.

LATEST GUIDANCE AND INFORMATION

Stay At Home

The Governor has issued a stay-at-home order until April 13. This means that all Rhode Islanders should stay home unless getting food, medicine, gas, or going to work.

Gatherings

Starting immediately, all gatherings of more than 5 people are banned. Individuals should be interacting with the same people every day to minimize the risk of spread. This order does not apply to healthcare workers in a workplace setting, public transportation or office buildings. However, people must practice social distancing at all times.

www.health.ri.gov

www.cdc.gov/coronavirus/2019-ncov/community/organizations/checklist.html

Special grocery store hours

(age 60+ and those with chronic medical conditions)

Aldi's	6-7a
Clements Market	7-8a
Brigido's Fresh Markets	7-10a
Dave's (large locations)	7-8a
Dave's (small locations)	8-9a
Dollar General	6-7:30a
Jerry's Market	7-8a
Ma & Pa's (Hope Valley)	Curbside pickup
Richmond Farms Fresh Market	7:30-8a
Roch's Fresh Foods	Free delivery
Save-A-Lot	8-9a
Seabra	6-7a
Shaw's	7-9a (Tues and Thurs)
Stop & Shop	6-7:30a
Target	7-8a
Walmart	6-7a (Tues)
Whole Foods	8-9a



Rhode Island Office Of Healthy Aging for some great resources. WWW.OHA.RI.Gov

@HealthyAgingRI

April 2020

COMMUNITY SUPPORT



Benjamin Church Senior Center –received 10 pallets of food from We Share Hope We appreciate all the generous donations and support from our community. Benjamin Church Senior Center - Non-profit organization



WISHINHG YOU

peace, love and happiness at EASTER and always. Loveyou, Donna & Maria



COMMUNITY SUPPORT





Bristol Real Estate Together

Kristin McGrath, CENTURY 21 Topsail Realty Ryan M. Fonseca, CENTURY 21 Topsail Realty Anthony Young, Coldwell Banker Residential Brokerage Alaina Bruno, Harborside Realty Deb Cordeiro, Harborside Realty The Chad Kritzas Team, HomeSmart Professionals The Chris Woodard Team, Keller Williams Realty Cathy Sousa, RE/MAX River's Edge Deb Jobin & Co., RE/MAX River's Edge Lisa Foster-Pacheco, RE/MAX River's Edge Tracey Mulvey, RE/MAX River's Edge Barbara Stamp, Residential Properties Morgan Lowis, Residential Properties Ariana Pezzullo, Vantage Point Realty Danielle De Luca, Vantage Point Realty Tanya Costa, Vantage Point Realty Erin Vendetti, William Raveis Real Estate Natasha Horvatic, William Raveis Real Estate Sarah Principe, William Raveis Real Estate

Supporting our

Seniors and our

Community

THE ADMIRAL



Thanks to all who have dropped off non-perishable items.

COMMUNITY SUPPORT



FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

70 West Street, Barrington, RI 02806



Benjamin Church Senior Center would like to **THANK** Bayside YMCA. **Operations Director Tricia Driscoll has been working** with our organization for the past 3 weeks. Tricia and her staff have been by our side since our closure on Friday, March 13, 2020.



Thanks to our friends from Singing Out Against Hunger and Keller Williams Newport | East Bay | North Kingstown for the helping on bagging groceries on Thursday, March 26, 2020.





